Please read the Quick Start Guide and Instructions first.
Bitte lesen Sie zuerst die Kurzanleitung und die Anweisungen durch.
Veuillez lire le guide de démarrage rapide et les consignes de sécurité incluses avant d'utiliser votre appareil.


# NINJA 



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GUIDE DE RECETTES - FRANÇAIS À PARTIR DE LA PAGE 34
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## 涉 Welcome!

This guide will help you get started with lots of recipes to try with your Ninja ${ }^{\circ}$ Ice Cream Maker.

Before reading on, make sure to understand how to use the product. If you've not already done so, please read the Quick Start Guide.

Once you're confident you understand the unit, read on to find out how to make the best frozen treats.

Need extra dessert tubs? Buy online at ninjakitchen.eu


We recognise that ingredients and tastes vary from country to country so we have adapted recipes where needed. This is why you might not always find that the recipe in your language matches the other languages.

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Tips \& Best Practices
Ice Cream
Light Ice Cream
Gelato
Extras

## Extras Chart

Enjoy today, no freeze Milkshake
Sorbet
Smoothie Bowl
No-Prep Inspiration Chart


## The science behind the recipes

We invite you to make desserts from scratch and to get started you'll need to make a base. The balance of water, fat, protein and sugar used to make the base is very important.
Our chefs have carefully crafted these recipes in the Ninja ${ }^{\circledR}$ Test Kitchen to ensure the right amounts of each ingredient are in each recipe.


Dairy Substitutes
Milk $\longrightarrow \begin{aligned} & \text { Unsweetened } \\ & \text { oat milk }\end{aligned}$
Double
cream $\longrightarrow \begin{aligned} & \text { Tinned } \\ & \text { coconut }\end{aligned}$
cream coconut milk
$\underset{\text { cheese }}{\text { Cream }} \longrightarrow \begin{aligned} & \text { Vegan cream } \\ & \text { cheese }\end{aligned}$
NOTE: Make sure to use
NOTE: Make sure to use
unsweetened substitutes answeetened substitutes by itself as the first step.

## Get to know the programs

Depending on which program you choose to make your next treat, the Ninja ${ }^{\circledR}$ Ice Cream Maker will spin at precise speeds for a specific amount of time to deliver perfectly smooth and creamy results.


## Tips for freezing bases



## Upright

 freezers work bestWe recommend not using a chest freezer as they tend to reach extremely cold temperatures.


## Adjust your freezer's temp

For best results, set your freezer between $-12^{\circ} \mathrm{C}$ and $-25^{\circ} \mathrm{C}$. The Ice Cream Maker is designed to process bases within this range. (If your freezer temperature is within this range, your base should reach the appropriate appropriate


Place the tub on a level surface
For best results, do not process a tub if ingredients have been frozen at an angle or if tub has been scooped out of and then refrozen unevenly.* *If a tub is frozen unevenly: melt, whisk uneveniy: meit, whis
and then re-freeze and then re-freeze level surface.


## Freeze

 for 24 hoursWhile the tub may be frozen, it needs to reach an even colder temperature before t can be processed. it can be processed. This is the minimum
freeze time, there is no maximum.

## Tips for the best results

## Pre-frozen ingredients taste sweeter.

Worried your base mixture might be too sweet? Don't worry, it won't taste as sweet after you freeze and spin it into a frozen treat.

Using fruit: When making a fruit-flavoured ice cream, blend or mash fruit to blend or mash fruit to release more flavour into the base before freezing (See page 26 for example.)

Prep ahead: Don't want to wait 24 hours? Try multiplying recipes to make larger batches and freezing more than one tub at a time. This will ensure you have bases ready and frozen for you the minute you're ready to process.

## Making

 an ice bath.For recipes that require cooking the base, we recommend using an ice bath to quickly cool the base prior to freezing. To prepare an ice bath, fill a large bowl with ice and large bowl with ice and water. Then place your tub in the ice water. Once your base has cooled below $4^{\circ} \mathrm{C}$ place the tub in the freezer

What to do about leftovers.
Didn't finish your tub? Flatten the top of your frozen treat with a spoon or spatula before refreezing. If the treat is hard after re-freezing, process it again on the program you used to make it. If it's soft, just scoop and enjoy it. p and enjoy it. NOTE: If your treat contains EXTRAS, processing again will further crush your EXTRAS and create a new ice cream flavour.
Your frozen treat is best consumed within 2 week After that it's safe to eat but After flavour and textur mat the flavour and texture may not be the same quality when you first made it.

## Frozen treats on demand

Make the most of your time by prepping several tubs at once! Keep these tubs in your freezer for ice cream on demand whenever the craving strikes.

## Choose your flavour Easy No-Cook Ice Cream

PREP: 5 MINUTES | FREEZE TIME: 24 HOURS | PROGRAM TIME: $1 \frac{1}{2}$ MINUTES MAKES: 4 SERVINGS | BEST WITHIN: 2 WEEKS

## INGREDIENTS

18 g cream cheese, softened
55 g caster sugar
Flavouring, 1 teaspoon extract of your choice OR 2 tablespoons of cocoa powder
150 ml double cream
230 ml whole milk
30 g extras of your choice (optional)
TOOLS NEEDED

## DIRECTIONS



In a bowl, microwave the cream cheese for 0 seconds or alternatively soften by mixing with a spoon.
Add the sugar and your chosen flavouring, then mix with a whisk or silicone patula until the mixture looks like frosting


Pour base into an empty Pour base into an empty freeze for 24 hours. Ensure tub is on a flat surface and that th mixture is level.




Once bowl is in place ensure unit is switched on. Select ICE CREAM and processing will begin. When complete, all 4 segments of the progress bar will flash and turn off.


Remove bowl from unit and remove tub from bowl. (Refer to steps 7 \& 8 in the Quick Start Guide.) If the base is crumbly and you are not adding mix-ins, then re-assemble and insert back into unit and press RE-SPIN.
If adding If adding mix-ins see next step. If not, your ice cream is ready to enjoy


With a spoon, create a 4 cm wide hole that reaches wide hole that reaches Add chosen extras to the Add chosen extras to the
hole*, then re-assemble and process by selecting EXTRAS.
*It's fine if level is above MAX FILL line.


Once processing is complet move from tub and serve mmediately.


Double (or triple) this recipe by simply adding two (or three) times every ingredient. Prepping several tubs at once kee


Remove tub from freezer and remove lid from tub.
To assemble ready for processing, refer to Steps -5 in the Quick Start Guide.

## Easy Chocolate Ice Cream

PREP: 5-10 MINUTES
MAKES: 4 SERVINGS
BEST WITHIN: 2 WEEKS

## INGREDIENTS

18 g cream cheese, softened
20g cocoa powder
55 g caster sugar
1 teaspoon vanilla extract
150 ml double cream
230 ml whole milk

## TOOLS NEEDED


$0 \pi$
Large bowl
Whisk
Silicone spatula
If cocoa powder is lumpy, sift to remove lumps.

It is normal for some of the chocolate to settle at the bottom of the tub during freezing.

## DIRECTIONS

1. In a large bowl, microwave the cream cheese for 10 seconds or alternatively, soften by mixing with a spoon. Add the cocoa powder, sugar and vanilla extract With a whisk or silicone spatula, beat for about 60 seconds until the mixture for about 60 seconds until the mixture
like frosting.
2. Slowly mix in the double cream and milk until fully combined and sugar is dissolved.
3. Pour base into an empty tub. Place lid on tub and freeze for 24 hours
4. Remove tub from freezer and remove lid from tub. Please use the Quick Start Guide for assembly and processing information.
5. Select ICE CREAM
6. Once processing is complete add EXTRAS or remove ice cream from tub and serve immediately

## Easy Strawberry Ice Cream

PREP: 15 MINUTES
MAKES: 4 SERVINGS
best within: 2 WEEKS

## INGREDIENTS

225 g fresh strawberries, trimmed, cut in quarters 100 g granulated sugar
1 teaspoon golden syrup
1 teaspoon lemon juice
250 ml double cream
TOOLS NEEDED


## DIRECTIONS

1. In a large bowl, add strawberries, sugar golden syrup and lemon juice. Using a fork, mash strawberries. Allow mixture to sit for 10 minutes, stirring regularly.
2. Add cream and mix until well combined.
3. Pour base into an empty tub. Place lid on tub and freeze for 24 hours.
4. Remove tub from freezer and remove lid from tub. Please use the Quick Start Guide for assembly and processing information.
5. Select ICE CREAM
6. Once processing is complete, add EXTRAS or remove ice cream from tub and serve immediately

## Easy Nut-Spread Ice Cream

PREP: 5 MINUTES
MAKES: 4 SERVINGS
BEST WITHIN: 2 WEEKS

## INGREDIENTS

150 g sweetened nut spread of your choice (pistachio, hazelnut, almond, hazelnutchocolate, etc.)
100 ml whipping cream
250 ml whole milk
1 teaspoon flavouring extract of choice (pistachio, hazelnut, almond, etc.), optional Pinch of salt

TOOLS NEEDED


Large bow
Whisk


## DIRECTIONS

1. Place all ingredients in a large bowl and mix well, until spread is dissolved and evenly distributed.
2. Pour base into an empty tub. Place lid on tub and freeze for 24 hours.
3. Remove tub from freezer and remove lid from tub. Please use the Quick Start Guide for assembly and processing information.
4. Select ICE CREAM.
5. Once processing is complete, add EXTRAS or remove ice cream from tub and serve immediately.


Add 3 tablespoons of the toasted chopped nut of your choice as a EXTRA after processing.

## Dairy free, Light Vanilla Ice Cream

 Light Ice Cream FREEZE TIM24 HOURS

PREP: 5 MINUTES
MAKES: 4 SERVINGS
best within: 2 WEEKS

## INGREDIENTS

250 ml oat cream
120 ml oat milk
1 teaspoon vanilla extract
3 pitted dates
3 tablespoons light agave syrup
TOOLS NEEDED
$B$
Blender


## DIRECTIONS

1. Place all ingredients into jug of a blender.
2. Blend ingredients on high until completely blended.
3. Pour base into empty tub. Place lid on tub and freeze for 24 hours.
4. Remove tub from freezer and remove lid from tub. Please use the Quick Start Guide for assembly and processing Guide for assembly and processing information.
5. Select LIGHT ICE CREAM.
6. Once processing is complete, add EXTRAS or remove ice cream from tub and serve immediately.

| $\Omega$ | Use if crumbly for a creamier <br> result, if not adding EXTRAS. |
| :---: | :--- |

A Ideal recipe for EXTRAS. Refer to pages 16-21 for EXTRAS ideas.

## Vanilla Bean Gelato

PREP: 5 MINUTES

Rich Chocolate Gelato

COOK TIME: 7-10 MINUTES
MAKES: 4 SERVINGS
BEST WITHIN: 2 WEEKS

## INGREDIENTS

4 large egg yolks 1 tablespoon golden syrup
55 g caster sugar
250 ml double cream
90 ml whole milk
1 whole vanilla pod,
split in half lengthwise, scraped
or 1 teaspoon vanilla bean paste

## TOOLS NEEDED

P $\| 9$
Small saucepan
Whisk
Silicone spatula
Thermometer
Fine-mesh sieve
Can substitute vanilla extract if preferred, instead of
vanilla pod or vanilla bean paste.
It is important to stay within the $74^{\circ} \mathrm{C}-79^{\circ} \mathrm{C}$ range.
The eggs should reach at least $74^{\circ} \mathrm{C}$ for them to be
Theod safe but will curdle and scramble if overcooked.
Additionally, cooking to this temperature range
resulting in smoother texture.

## DIRECTIONS

1. Place egg yolks, golden syrup and sugar into a small saucepan and whisk until fully combined and sugar is dissolved.
2. Add double cream, milk and vanilla pod to saucepan and stir to combine
3. Place saucepan on hob over medium heat, stirring constantly with a whisk or silicone spatula. Cook until temperature reaches $74-79^{\circ} \mathrm{C}$ on an instant-read thermometer.
4. Remove base from heat and pour through a fine-mesh sieve into an empty tub. Place tub into an ice bath. Once cooled, place lid on tub and freeze for 24 hours.
5. Remove tub from freezer and remove lid from tub. Please use the Quick Start Guide for assembly and processing information.

## 6. Select GELATO.

7. Once processing is complete, add EXTRAS or remove gelato from tub and serve immediately.

PREP: 5 MINUTES
COOK TIME: 7-10 MINUTES
MAKES. 4 SERVING

## INGREDIENTS

4 large egg yolks
80 g caster sugar
15 g cocoa powder, sifted
230 ml double cream
100 ml whole milk
50 g dark chocolate $74 \%$ solids,
broken into small pieces

## TOOLS NEEDED



Small saucepan
Whisk
Silicone spatula
Thermometer
Fine-mesh sieve
$\stackrel{\varrho}{\mathrm{F}} \quad$ Double cream can be swapped for whipping cream.
Ideal recipe for EXTRAS
Refer to pages 16-21 for EXTRAS ideas.

## DIRECTIONS

1. Place egg yolks, sugar and cocoa powder into a small saucepan. Whisk until fully combined.
2. Add double cream and milk and stir to mix in.
3. Place saucepan on hob over medium heat, stirring constantly with a whisk or silicone spatula. Cook until temperature reaches $74-79^{\circ} \mathrm{C}$ on an instant-read thermometer.
4. Remove from heat, stir in chocolate and pour through a fine-mesh sieve into an pour through a fine-mesh sieve into an
empty tub. Place tub into an ice bath. Once cooled, place lid on tub and freeze for 24 hours.
5. Remove tub from freezer and remove lid from tub. Please use the Quick Start Guide for assembly and processing information.
6. Select GELATO.
7. Once processing is complete, add EXTRAS or remove gelato from tub and serve immediately.

# Salted Caramel 

Coffee Gelato


PREP: 5 MINUTES

PREP: 10 MINUTES
COOK TIME: 10-15 MINUTES MAKES: 4 SERVINGS BEST WITHIN: 2 WEEKS

## INGREDIENTS

80 g granulated sugar 230 ml double cream, warm with milk in a microwave to a temp of $50^{\circ} \mathrm{C}$
180 ml whole milk
$1 / 2$ teaspoon sea salt flakes
4 medium egg yolks
$1 / 2$ teaspoon vanilla extract

## DIRECTIONS

1. Place sugar in a medium saucepan over moderate heat, stirring occasionally with a wooden spoon, until it melts, then caramelises into a rich copper colour and just begins to smoke, (this may take around 10 minutes). Note: If the colour is too light, flavour; if it's too dark, it will taste burnt.
2. Remove pan from heat and gradually whisk in half the cream, milk and salt. THE CARAMEL WILL HARDEN INTO A LUMP. Return pan to low heat and stir until any hardened caramel is dissolved. Add in remaining amount of milk and cream.
3. In a small bowl, whisk egg yolks slightly and then whisk in a small amount of the warm caramel mixture.

## TOOLS NEEDED



Medium saucepan Wooden Spoon Small bowl Whisk Silicone spatula Thermometer Fine-mesh sieve
4. Whisk yolks into caramel mixture in saucepan and raise heat to medium stirring constantly with a whisk or silicone spatula. Cook until temperature eaches $74-79^{\circ} \mathrm{C}$ on an instant-read thermometer
5. Remove base from heat, add vanilla and pour through a fine-mesh sieve into an empty tub. Place tub into an ice bath. Once cooled, place lid on tub and freeze for at least 24 hours.
6. Remove tub from freezer and remove lid from tub. Please use the Quick Start Guide for assembly and processing information.
7. Select GELATO,
8. Once processing is complete, add EXTRAS or remove gelato from tub and serve immediately

| $\underset{R E-S P}{\Omega}$ | Use if crumbly for a creamier result, if not adding EXTRAS. |
| :---: | :---: |
| $\begin{array}{cc} \mathrm{O} \\ \stackrel{O}{\mathrm{~F}} \begin{array}{c} \text { Ot } \\ \text { ta } \\ \mathrm{EX} \end{array} \end{array}$ | he gelato is ready, add 2 oons of salted butter caramel as a S, for even richer flavour. |
|  | portant to stay within the <br> $9^{\circ} \mathrm{C}$ range. The eggs should reach $74^{\circ} \mathrm{C}$ for them to be food safe but dle and scramble if overcooked. nally, cooking to this temperature integrates the sugar and thickens xture, resulting in smoother texture. |

COOK TIME: 7-10 MINUTES
MAKES: 4 SERVINGS
BEST WITHIN: 2 WEEKS

## INGREDIENTS

3 large egg yolks 80 g caster sugar
200 ml whipping cream
170 ml whole milk
2 teaspoons ( 2 sachets, about 4 g ) instant espresso Pinch of salt

## TOOLS NEEDED



Small saucepan
Whisk
Silicone spatula
Thermometer
Fine-mesh sieve


## EXTRAS

Mix in chocolate, nuts, sweets, fruit and more to elevate any treat with bursts of flavour


Hard EXTRAS will remain intact.
EXTRAS like chocolate, sweets and nuts will not be broken down during the EXTRAS program. We recommend using mini chocolate chips, mini sweets or pre-chopped ingredients.


Soft EXTRAS will get broken down.
EXTRAS like cookies and frozen fruit will end up smaller after the EXTRAS program. We recommend using bigger pieces of soft ingredients.

## Make one-of-a-kind treats with extracts \& extras


1.

Make a base
Start by making any base from this guide \& add an extract if desired.

To make even more flavours, substitute vanilla extract with 1 teaspoon of fruit, herb or nut extract.

4.

## Add EXTRAS

With a spoon, create a 4 cm wide hole that reaches the bottom of the tub. Add your EXTRAS to the hole in the tub.

## FOR ICE CREAM \& GELATO ONLY

We don't recommend

## fresh fruit, sauces and spreads to use as EXTRAS.

Adding fresh fruit, fudge and caramel sauces will soften
your treat. Chocolate hazelnut spread and nut butters generally your treat. Chocolate hazelnut spread and nut butters generally
do not incorporate well. We recommend using frozen fruit or chocolate/caramel shell toppings with the EXTRAS program and only enjoying sauces and spreads as toppings.

Don't want to wait? Scoop in some shop-bought ice cream into the tub and skip to step 4.

## Get creative with EXTRAS

Here are some ideas to get you started...
0.


80
080
080


Chocolate Chip Cookie Dough
Base: Vanilla
Extract: N/A
EXTRAS: 45 g edible frozen

Extract: N/A
EXTRAS: 2 tbsp freeze dried
strawberries or strawberry flakes
colouring, optional)
EXTRAS: 45 g mini chocolate chips


Strawberry
Mint Chocolate Chip
Base: Vanilla
(leave out vanilla extract)
Extract: 1 tsp peppermint

## Chocolate Caramel Nut Cluster

Base: Vanilla
Extract: N/A
EXTRAS: 45 g chocolate covered caramel sweets (broken), 2 tablespoons roasted hazelnuts (broken)


Banana Chocolate Chunk
Base: Vanilla, Chocolate Extract: N/A
EXTRAS: 1 tbsp banana chips, broken into pieces, 2 tbsp chocolate chips

## Chocolate Cookies \& Cream

Base: Chocolate
Extract: N/A
EXTRAS: 3 chocolate
sandwich biscuits, broken


Rocky Road
Base: Chocolate
Extract: N/A
EXTRAS: 2 tbsp almonds,
chopped, 2 tbsp chocolate chips, 1 tbsp marshmallow topping

## Chocolate Toffee Crunch

Base: Chocolate
Extract: N/A
EXTRAS: 45 g chocolate toffee bar, cut into 1 cm slices


Cookies \& Cream
Base: Vanilla
Extract: Vanilla, as per recipe EXTRAS: 3 chocolate sandwich biscuits, broken


| Chocolate Chip |
| :--- |
| Base: Chocolate or Vanilla |
| Extract: N/A |
| Mix-in: 45 g mini chocolate chips |


| Peanut Butter Cup |
| :--- |
| Base: Chocolate or Vanilla |
| Extract: $\mathrm{N} / \mathrm{A}$ |
| Mix-in: 45 g mini peanut |
| butter cups |


| Brownie Chunk |
| :--- |
| Base: Chocolate or Vanilla |
| Extract: N/A |
| Mix-in: 45g brownie chunks |


| Hazelnut |
| :--- |
| Base: Chocolate or Vanilla |
| Extract: $\mathrm{N} / \mathrm{A}$ |
| Mix-in: 22g Kinder Bueno®, |
| broken into pieces |


| Chocolate Crunch |
| :--- |
| Base: Chocolate |
| Extract: N/A |
| Mix-in: 40 g Crunchie ${ }^{\ominus}$ bar, |
| roughly chopped |


| Maltesers $^{\circledR}$ |
| :--- |
| Base: Chocolate or Vanilla |
| Extract: $\mathrm{N} / \mathrm{A}$ |
| Mix-in: 40 g whole Maltesers ${ }^{\star}$ |


| Honeycomb | Turkish Delight |
| :--- | :--- |
| Base: Chocolate or Vanilla | Base: Chocolate or Vanilla <br> Extract: N/A <br> Mix-in: 20 g honeycomb, <br> broken up |


| Lemon Vanilla | Orange Cream |
| :--- | :--- |
| Base: Vanilla  <br> (leave out vanilla extract) Base: Vanilla <br> (leave out vanilla extract) <br> Extract: 1 tsp lemon extract <br> Mix-in: N/A$\quad$Extract: 1 tsp orange extract <br> Mix-in: 1 teaspoon orange zest |  |

Coconut Chocolate
Base: Chocolate
Extract: N/A
Mix-in: 57 g Bounty ${ }^{\circledR}$ bars, roughly chopped

| Mint Cream Chocolate |
| :--- |
| Base: Chocolate |
| Extract: $N / A$ |
| Mix-in: 6 After Eight $\oplus$, |
| roughly chopped |


| Roasted Pistachio |
| :--- |
| Base: Vanilla |
| (leave out vanilla extract) |
| Extract: 1 tsp almond extract |
| (Add green food colouring, |
| optional) |
| Mix-in: 45 g roasted pistachios, |
| shells removed, chopped |


| Chocolate Coconut Almond Bar |
| :--- |
| Base: Vanilla |
| (leave out vanilla extract) |
| Extract: 1 tsp Coconut extract |
| Mix-in: 3 tbsp almonds, |
| 1 tbsp chocolate chips, |
| 1 tbsp coconut flakes |

## Raspberry

Base: Vanilla
(leave out vanilla extract)
Extract: 1 tsp Raspberry extract
Mix-in: 2 tbsp freeze dried raspberries or raspberry flakes

| Rum Raisin | Salted Caramel |
| :--- | :--- |
| Base: Vanilla | Base: Chocolate |
| Extract: N/A | Extract: $N / A$ <br> Mix-in: 40 g raisins (soaked <br> in 1 tsp rum) |

## Chocolate Flake

Base: Chocolate or Vanilla
Extract: N/A
Mix-in: 1 flake
32g (broken into 4)

Thick Chocolate Milkshake

PREP: 2 MINUTES | PROGRAM TIME: $11 / 2$ MINUTES | MAKES: $1-2$ SERVINGS



Mix up the flavour

Is chocolate too

## INGREDIENTS

300 g chocolate ice cream
125 ml whole milk
MAKE IT DAIRY-FREE Use dairy-free ice cream and either oa
milk or plant-based coffee creamer instead of whole milk

DIRECTIONS


Place all ingredients in an empty tub in the order listed.


Please use the Quick Start Guide for assembly and processing information.


Once processing is complete, add EXTRAS or RE-SPIN if desired. Then remove milkshake from tub and serve immediately.

You can also turn any ice cream recipe in this guide into a milkshake. Simply process your frozen base on the ICE CREAM program first. Then create a hole, add milk and EXTRAS, and process again using the MILKSHAKE program.

## Enjoy today Fresh Strawberry Milkshake

## PREP: 2 MINUTES

MAKES: 1-2 SERVINGS

## INGREDIENTS

200g vanilla ice cream
85 ml whole milk
100 g fresh strawberries, stems removed and cut in half

DIRECTIONS

1. Place all ingredients into empty tub in the order listed, (no need to make a hole).
2. Please use the Quick Start Guide for assembly and processing information.
3 Select MILKSHAKE
3. Once processing is complete, remove milkshake from tub and serve immediately.

Enjoy today
Oreo ${ }^{\circ}$ Milkshake

PREP: 2 MINUTES
MAKES: 1-2 SERVINGS

## INGREDIENTS

220 g vanilla ice cream
100 ml whole milk
3 Oreos®, broken up

## DIRECTIONS

1. Place ice cream into empty tub. With a spoon, create a 4 cm wide hole that reaches the bottom of the tub. Add milk and Oreos ${ }^{\oplus}$ to the hole in the tub.
2. Please use the Quick Start Guide for assembly and processing information.
3. Select MILKSHAKE
4. Once processing is complete, remove milkshake from tub and serve immediately.


## Fresh Fruit Sorbet

PREP: 5-10 MINUTES | FREEZE TIME: 24 HOURS | MAKES: 4 SERVINGS | BEST WITHIN: 2 WEEKS

## INGREDIENTS

4 ripe bananas (approx.), peeled, cut in 1 cm pieces


DIRECTIONS


Slice bananas or other fruit into 1 cm pieces. It is mportant to cut the fruit into pieces 1 cm or smaller.


With the back of a heavy kitchen utensil, such as a adle or potato masher, firmly press the bananas below the MAX FILL line compacting them into a homogenous mixture to create space for more bananas.


Continue adding more banana pieces and pressing down with a heavy kitchen utensil until all banana pieces are pressed into the tub just below the MAX FILL line. Place lid on tub and freeze for 24 hours.



Remove tub from freezer and remove lid from tub To assemble ready for processing, refer to Steps 1-5 in the Quick Start Guide.


Once bowl is in place, ensure the unit is switched on. Select SORBET.

$\underbrace{}_{\text {RE-SPII }}$
Use if crumbly for a creamier result, if not adding mix-ins.

Once processing is complete, add mix-ins or remove sorbet from tub and serve immediately.

Make sure to firmly press the fruit into the tub to release the fruit's Matural juce This is an important step when making a sorbet recip that doesn't include extra liquid. DO NOT process loose ingredients.

## Strawberry Sorbet

PREP: 5 MINUTES<br>MAKES: 4 SERVINGS<br>BEST WITHIN: 2 WEEKS

## INGREDIENTS

450g fresh strawberries, trimmed and sliced
75 g caster sugar
75 ml hot water, $60-70^{\circ} \mathrm{C}$
TOOLS NEEDED


Whisk
Fine-mesh sieve


## Lemon Sorbet

PREP: 5 MINUTES
MAKES: 4 SERVINGS
BEST WITHIN: 2 WEEKS

## DIRECTIONS

1. In a large bowl, add the strawberries and sugar and mash together with a fork. Stir in water and whisk until smooth.
2. Pour base through a fine-mesh sieve into an empty tub. Place lid on tub and freeze for 24 hours
3. Remove tub from freezer and remove lid from tub. Please use the Quick Start Guide for assembly and processing information.
4. Select SORBET.
5. Once processing is complete, add EXTRAS or remove sorbet from tub and serve immediately.


## INGREDIENTS

100g caster sugar 1 tablespoon golden syrup 210 ml hot water, $60-70^{\circ} \mathrm{C}$ 100 ml lemon juice

## TOOLS NEEDED



Large bowl
Whisk


## DIRECTIONS

1. In a large bowl, whisk together sugar golden syrup and warm water until sugar is dissolved. Add lemon juice and whisk until fully combined
2. Pour base into an empty tub. Place lid on tub and freeze for 24 hours.
3. Remove tub from freezer and remove lid from tub. Please use the Quick Start Guide for assembly and processing information.
4. Select SORBET
5. Once processing is complete, add EXTRAS or remove sorbet from tub and serve immediately.


## Tropical Smoothie Bowl



PREP: 5 MINUTES
MAKES: 4 SERVINGS
BEST WITHIN: 2 WEEKS

## INGREDIENTS

100g melon chunks 100 g pineapple chunks 150 ml tropical flavoured yogurt 100 ml whole milk TOPPINGS (optiona

Pineapple slices
Mango slices
Toasted coconut flakes

## DIRECTIONS

1. Fill an empty tub with fruit in order of ingredients.
2. Cover fruit with yogurt and milk. Place lid on tub and freeze for 24 hours.
3. Remove tub from freezer and remove lid from tub. Please use the Quick Start Guide for assembly and processing information.
4. Select SMOOTHIE BOWL. When finished, your smoothie bowl will have a thick, spoonable consistency
5. Once processing is complete, transfer the processed base to a bowl and decorate with desired toppings.

## No-prep inspiration chart

Don't worry if it doesn't reach the line, there is no minimum fill
Transform ordinary items from your cupboard or fridge into extraordinary delights.

| INGREDIENTS | RECIPE TYPE | PROCESS |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 400 g canned pineapple, mango, peaches, pears, or mandarin oranges | Sorbet | Fill tub with fruit and juice from can. |  |  |
| Bottled smoothies | Smoothie Bowl | Fill tub no higher than MAX FILL line. |  | smoothie bowl |
| Shop bought bottled milk shakes (any flavour) | Ice cream | Fill tub no higher than MAX FILL line. |  | ICE CREAM |
| Whole milk store bought chocolate milk | Ice cream | Fill tub no higher than MAX FILL line. |  | ICE CREAM |
| Bottled protein drinks | Light Ice Cream | Fill tub no higher than MAX FILL line. |  | LIGHT ICE CREAM |
| Bottled latte/pre-prepared iced coffee | Sorbet | Fill tub no higher than MAX FILL line. |  | SORBET |
| Canned mango puree | Sorbet | Fill tub no higher than MAX FILL line. |  | SORBET |
| Syrup (your choice of flavour: grenadine, mint, orgeat, blackcurrant, etc.) | Sorbet | Mix 300 ml of water and 100 ml of syrup in a tub. |  | Sorbet |
| Pitted lychees in canned syrup, raspberries and rose water | Ispahan Sorbet (lychee-raspberry-rose) | Place the lychees and 2 tablespoons of fresh or frozen raspberries in the tub, cover the fruit with the syrup from the tin can up to the fill line maximum, add 1 teaspoon of rose water and mix well. |  | SORBET |
| Iced tea drink / squeezed lemon juice (lemonade) | Sorbet | Fill tub with iced tea or lemonade to the maximum fill line |  | SORBET |
| Almond milk, instant espresso and icing sugar | Easy vegan iced coffee | Mix 450 ml of sweetened almond milk, 3 sachets of instant espresso and 5 tablespoons icing sugar soup in a tub. |  | SORBET |
| Compote (apple, pear, banana, peach, apricot, pineapple, cherry, strawberry, raspberry, blueberry, nectarine, etc.) | Sorbet | Fill tub with compote to the maximum fill line. |  | SORBET |
| Ready-to-use dessert cream (vanilla, caramel, chocolate, praline, pistachio, etc.) | Easy ice cream | Fill tub with dessert cream up to the maximum fill line |  | SORBET |

## NINJA <br> ICE CREAM MAKER SORBETIERE EISMASCHINE

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